

MINDSET MASTERY

Personal Growth Workshop



2024 DATES

May 15-16
August 14-15

MASTER YOUR MINDSET & MORE

Mindset is the linchpin that determines how well and consistently an individual's skills, knowledge, talent, or experience are activated, and greatly determines how far they'll go in pursuit of their goals, and how fast they'll get there. This workshop from Dave provides a chance for guests to honestly evaluate their personal mindset, and outline steps, decisions, and adjustments they can make to elevate their performance, develop more killer instinct and mental toughness, and put themselves in the best frame of mind to be extraordinary. Topics include:

- Types of Performance Groups and Defining Mindset Characteristics
- Creating Daily Focus & Consistency
- Developing an Inspiring, Compelling, and Motivating WHY
- Crafting Intentional Growth Routines & Rituals
- Mastering the vital disciplines of sleep, intentional breathing, and hydration
- Raising Personal Standards
- Eliminating Complacency
- The Process for Intentionally Developing More Killer Instinct & Mental Toughness
- Boosting Self-Esteem & Self-Confidence
- And More!

Workshop includes course workbook and breakout sessions for preparing action plans to put in place upon returning to your organization.

CLASS SIZE LIMITED FOR AN INCREASED INTIMATE, IMPACTFUL & INTERACTIVE EXPERIENCE. RESERVE YOUR SEATS TODAY.

www.LearnToLead.com/Events • 818-735-9503 • Ryan@learntolead.com

INVESTMENT

\$1600 per person. Includes two-day workshop, workshop materials, breakfast, and lunch each day. Does not include transportation or lodging.

VENUE

The LearnToLead Elite Center - Located in Agoura Hills, California, 35 miles North of Los Angeles International Airport, and 15 miles from Malibu beach.

REGISTRATION

Reserve your seats today through our Events page at www.LearnToLead.com or by contacting us at: 818-735-9503 or Ryan@learntolead.com.

ABOUT DAVE

Dave is a renowned entrepreneur, international speaker, and author on personal and corporate performance improvement. The author of 15 books, most recently *Intentional Mindset*, he speaks 100+ times a year, and his Game Changer Life Podcast is listened to in over 174 countries.

